

Celebrate Recovery

A Program Based on Eight Recovery Principles & Christ-Centered 12-Steps

No one is perfect. At one point or another, we have all hurt ourselves or hurt others. We are all recovering from some life issue, bad habit or addiction.

Celebrate Recovery is all about healing -- spiritually and emotionally. It addresses all types of habits, hurts and hang-ups. Under this large umbrella, a limitless number of real life issues can be confronted and healed.

During weekly Christ-centered 12-step groups, held every Monday evening, you'll have the opportunity to face issues, talk about them in a safe, confidential manner and make peace, discover serenity with your self and God.

This recovery program is based on God's Word, the Bible. When Jesus taught the Sermon on the Mount, he began by stating "Eight Ways to Be Happy." Today we call them the Beatitudes. From a conventional viewpoint, most of these statements didn't make sense. They sounded like contradictions. But when you fully understand what Jesus is saying, you'll realize that these eight principles are God's road to recovery, wholeness, growth, and spiritual maturity.

This recovery program is forward-looking. Rather than wallowing in the past, or dredging up and rehearsing painful memories over and over, *Celebrate Recovery* focuses on the future. Regardless of what has already happened, the solution is to start making wise choices *now* and depend on Christ's power to help me make those changes.

If you are searching for a way to resolve a problem, and need the support of others who will not judge nor criticize you, Celebrate Recovery may be the answer to your prayers. Based on the Beatitudes, it takes you step by step, slowly and safely, to a new level of comfort and acceptance of yourself. You'll discover a new direction in your life -- one that includes Christian friends, who will hold you up to the Lord and celebrate recovery with you.

Stop by next Monday, won't you? You can Depend on Him!

Some Life Issues For Which People Need *Celebrate Recovery*



The Road to Recovery

Eight Principles based on the BEATITUDES

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

"*Happy are those who know they are spiritually poor*"

Earnestly believe that God exists, that I matter to him, and that he has the power to help me recover.

"*Happy are those who mourn, for they shall be comforted*"

Consciously choose to commit all my life and will to Christ's care and control.

"*Happy are the meek*"

Only examine and confess my faults to myself, to God and to someone I trust.

"*Happy are the pure in heart*"

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

"*Happy are those whose greatest desire is to do what God requires*"

Evaluate all my relationships; Offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others.

"*Happy are the merciful*" "*Happy are the peacemakers*"

Reserve a daily time with God for self examination, Bible readings and prayer in order to know God and His will for my life and to gain the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

"*Happy are those who are persecuted because they do what God requires*"

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